



Discovery School

"Educating for successful living"

ADVENTURE Syndicate



Little feet-Big steps

NEWSLETTER # 3

Thursday 11th March 2010

SWIMMING Programme

Dear Parents/Caregivers

- 👣 Our swimming lessons at Tawa Pool start on the **23rd March**
- 👣 The cost of the 6 sessions will be **\$25.00**. This includes entry into the pool, hire of instructors & transport costs. This cost has been subsidised by the Board of Trustees.
- 👣 **We require parent help on the bus and at the pool** so if you are available to help, please fill in the parent help part of the permission slip.
- 👣 We need all permission slips, money and swimming assessment forms returned to the **school office** by **Friday 19th March**.

SWIMMING Programme

The children will travel to Tawa Pool on the following days

Tuesday 23rd March Wednesday 24th March Friday 26th March	Monday 29th March Wednesday 31st March Thursday 1st April
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- 👣 **BL & VH** Classes will be going from **9:30am-10:30am (Leaving at 9:00am-returning at 11:00am)**
- 👣 **BD, GH & JB** Classes will be going from **10:30am-11:30am (Leaving at 10:00am-returning at 12:00pm)**

- 👣 On both **Wednesday 24th & Wednesday 31st** each session will start 30 minutes later **10:00-11:00 (Leaving at 9:30am-returning at 11:30am) & 11:00-12:00 (Leaving at 10:30am- returning at 12:30pm)**

Children in BL & VH Class will need to be at school by **8:50am**. It may be helpful for them to get dressed in togs under their clothes, as long as they can still go to the toilet with ease, and have their underwear in with their towel.

As well as the permission slip, there is a **swimming assessment sheet** that needs to be filled out. Please be honest in your assessment so we can provide your child with the best support in swimming.

If you would like to make other arrangements for payment, please see either Barri Dullabh or Kathy Wall in the school office.

As we have set costs with swimming, any refunds when children are away will be at the discretion of the staff so we can meet our budget.

***SWIMMING* Needs**

The children will need to bring the following items to swimming each day:

- 👣 **named clothing and shoes** that are easy to change in and out of,
- 👣 **named swimming goggles,**
- 👣 **swimming togs** (and swimming cap if desired. Please powder it before the children go swimming so that it is easy to get on),
- 👣 a **named bag** in which all their clothes and towel will fit. Please avoid using supermarket bags as they tear easily,
- 👣 pool requirements mean that long hair must be tied back off the face.

Thank you for your support.

***EOTC* Week-Aotea Lagoon**

As yet we do not have enough transport to get everyone to Aotea Lagoon. If you are able to help (even to transport us down and pick us up again) your help will be most appreciated.

If you have not yet returned the permission slip and parent help form, please return it by tomorrow. It can be accessed from the school website if you need an extra copy or see your class teacher.

Kind Regards

Barri Dullabh
Jan Braddock

Beth Lough
Gerie Harvey

Vicki Howarth

ADVENTURE Syndicate

SWIMMING Permission & Parent Help

I give permission for my child _____ to participate in the Adventure Syndicate swimming programme at Tawa Pool.

Parent/Caregiver signature: _____

Class Teacher: (please circle) **BD JB BL GH VH**

Date: _____

(please circle)

I am **unable** to assist with the EOTC programme

or

I am **able** to assist on the following days

(please tick)

<input type="checkbox"/> Tuesday 23 rd	<input type="checkbox"/> Wednesday 24 th	<input type="checkbox"/> Friday 26 th
<input type="checkbox"/> Monday 29 th	<input type="checkbox"/> Wednesday 31 st	<input type="checkbox"/> Thursday 1 st April

Parent/Caregiver name: _____

Contact #: _____

11 March 2010

Dear Parents / Caregivers

Please take time to fill in the following questionnaire about how well your child can swim. This will help us to improve the time taken to assess the children before their lessons commence at Tawa Pool. Please talk to your child, and be honest in working out how well they can swim. By filling out this form correctly, we can put your child into the group that best suits their ability, and therefore help them achieve the best that they can.

Child name.....

School name Discovery School

Teacher name **BD JB VH GH BL**

Is your child currently attending lessons at any Wellington City Council pool? **YES/NO**

If yes, what pool are they attending?.....

What level are they currently swimming at?.....

If your child is not currently having swimming lessons, but they have had lessons in the past, what was the level they were last swimming at?.....

Please circle the boxes that best describe what your child can do in the water.

My child can not put their face in the water	My child can kick on their tummy unaided (by themselves with no help from an aid of any kind)	My child has a concept of stroking and breathing (has tried stroking and breathing before more than once)
Can put their face in the water	Can use their arms to stroke and move themselves through the water	Can stroke and breathe with an aid (with the help of a flutter board / noodle)
Can not float on their tummy	Can stroke with their arms well (slow, tall arm strokes)	Can stroke and breathe well unaided (has a good concept of rolling from the hips, placing the ear on the shoulder)
Can float on their tummy aided (with help of a flutter board)	Can float on their back aided (with help of a flutter board)	Can kick on their back unaided (by themselves with no help from an aid of any kind)
Can float on their tummy unaided (by themselves with no help from an aid of any kind)	Can float on their back unaided (by themselves with no help from an aid of any kind)	Can swim backstroke either aided or unaided

Can you please give this back to your child's teacher once completed, by

Thank you

Sarah Gibbison
Programmes Team Leader
Tawa Pool
2327 042